



GET MOVING PHYSIO
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About Get Moving Physio Ltd Here at Get Moving Physio, I am a physiotherapist who specialises in mobile physiotherapy services including specialist frailty therapy services, falls prevention therapy services, sports therapy treatments, individualised exercise programmes, physio acupuncture, injury assessments, falls prevention exercise programmes, holistic assessments and joint mobilisation in Bolton and the surrounding areas of Lancashire. I have experience working in therapy for over 20 years in the NHS and qualified as a physiotherapist around 12 years ago. I love what I do and genuinely think that shows with each of my patients. One of the very best things about what I do is that I get to help people regain their footing, so to speak.

Look no further if you have had a trip or a fall and need help regaining your

confidence in a positive and relaxing environment. I am friendly, caring, and understanding of your needs, and I will help you manage and improve your confidence in getting where you would like to be.

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