

Smokin Hot Yoga



2528 Hooper Ave
Brick, NJ 08723
USA

Phone: 848-224-2289

An infrared-heated yoga and fitness studio in Brick, NJ, offering 98-105 °F Hot Vinyasa, Sculpt, Pilates Fusion, and Deep Stretch, led by professional instructors. Classes help yogis of all levels boost flexibility, strength, calorie burn, and stress relief in a supportive, high-energy environment. Website: <https://smokinhotyoganj.com>/Phone Number: 848-224-2289

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